



## DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

Volume 1:1 November 2014

*"Catch the Dream" Life Without Diabetes!*

[www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org)

### Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.



### Foundation News

Lions of Minnesota, we want to again thank you for saddling up and helping us to raise the \$60,000 in "Reward" money that we are using to fund diabetes research that will help us to catch our dream of curing diabetes!

The first place UTV raffle winner was Jerome Yourczek (Little Falls, MN), the lucky Worthington Lion's Club was the second place winner of \$500 and Kelly Fleming (Garden City, MN) won the third place prize of \$250. Our MLDF, Inc. used some of this money to pay the last installment of our \$250,000.00 three year (2011-2014) grant to the U of MN Islet Imaging Lab. Our MLDF Trustees voted to extend a new \$250,000 three year (2014-2017) grant to the U of MN Islet Imaging Lab to continue the development of the bio-artificial pancreas system as a possible cure for diabetes. The funding will directly support the ongoing efforts to translate the bio-artificial pancreas and the non-invasive magnetic resonance methods into clinical applications. Further development and testing of the bio-artificial pancreas system will be done in small animals to ensure long-term graft survival and function without immune-suppressive drugs. Trustees also approved a \$50,000 grant for "Diabetes Cure Research Using Immune Regulation and Tolerance". In addition, Trustees approved a \$25,000 "Diabetes and the Brain—Existing

Knowledge and Future Implications" grant to fund research for how the complications of diabetes affects the brain function and structure. As a direct result of your support, the MLDF has been funding diabetes research at the U of MN since we were incorporated in 2008. Our MLDF Trustees would like to visit your clubs to update you about these and other MLDF happenings and share information about diabetes. Trustees contact information is available on our website [www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org). Thank you!

### Save This Date

Saturday March 28, 2015

Lions, you are invited to visit the U of MN research facilities to meet and learn directly from researchers about Lions supported diabetes research, tour the facilities and have an opportunity to ask questions.

YOU are INVITED!  
U of MN Research  
Update and Tour  
Saturday, March 28,  
2015

### November is National Diabetes Month!

Make a commitment to yourself to Eat Healthy and Be Active Daily.

## Dream Catchers

The Dream Catcher Award is given to a person, club or organization that has worked to improve the lives of people with diabetes and others. Local Lions Clubs may give this award when they have donated \$1000 to the Foundation.



5M9 District Governor Gloria Anderson presented Lion Nancy Champion of Deerwood Lakes with the Diabetes Dream Catcher Award.

<http://www.lionsof5m9.org/newsletter.asp>

## CHANGES TO BLOOD GLUCOSE

### SCREENINGS----

The Minnesota Department of Health issued a recommendation to prevent the transmission of bloodborne pathogens during blood glucose screenings which includes four requirements:

1. Finger stick devices should never be used for more than one person, even if lancets are changed and attempts are made to clean and disinfect the device.
2. Blood glucose meters should be assigned to an individual person and not be shared. If blood glucose meters must be shared, the device must be cleaned and disinfected after every use, per the manufacturer's instructions.
3. Insulin pens and other medication cartridges and syringes are for single patient-use only and should never be used for more than one person.
4. Perform hand hygiene before blood glucose screening and wear gloves during blood glucose screening; remove gloves and perform hand hygiene after each patient contact.



Because of these requirements for your safety, MLDF recommends that as concerned Lions, we

continue to educate people on the risk factors for diabetes, encourage recommended lifestyle changes and encourage they have their blood glucose screened at their medical clinic.

<http://www.health.state.mn.us/divs/idepc/dtopics/infectioncontrol/is/injectionsafety.html>



## Palisades Lions Have Strides Walk to Beat Diabetes

This annual event raised over \$1700 for the Minnesota Lions Diabetes Foundation this year. Bravo! Thank you Palisade Lions!

### Strides – Lions for Diabetes Awareness

Strides was developed by LCI's Health and Children's Services Department to provide Lions with tools to promote physical activities to raise awareness of diabetes. Check out the many resources available to you and create your own Community Service Project. [www.lionsclubs.org](http://www.lionsclubs.org)



The American Diabetes Association (ADA) had another successful event held October 11, 2014 at the Minneapolis Convention Center. Over 8000 people attended with 77 exhibitors. Over 2000 people received screenings in fourteen different areas. Your MLDF partnered with the ADA and sponsored the A1C health screenings at the EXPO. Plan to attend this FREE EXPO on October 10, 2015.