



DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

"Catch the Dream" Life Without Diabetes!

www.mnlionsdiabetes.org facebook.com/MinnesotaLionsDiabetesFoundation

Spring 2016

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Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

Foundation News

Our foundation would like to thank all of our Lions for the great support you gave us in 2015 and tell you we are very committed in 2016 to find new ways to fund research, provide education and sponsor preventive health activities that will improve the lives of people with diabetes.

We are hosting our 7th Annual MN Lions Diabetes Research Update with the U of MN on Saturday, April 2, 2016, starting at 10:30 AM. Participants will learn from nationally recognized scientists, including Michael Garwood, PhD; Bernard Herring, M.D.; and Amir Moheet, M.D., who are leading some of the most promising diabetes research aimed at both preventing and curing diabetes. In addition, you will have the opportunity to visit discovery stations to learn how our U of MN scientists are making a direct impact in Minnesota and around the world. Please join us for a free lunch and program! The on line flyer with registration link is on our web site.

We are introducing a great new fund raising project that will give Lions and community members an opportunity to honor someone

special. We are developing a MLDF 2017 "Catch the Dream" - Life Without Diabetes! Calendar Project. You can support diabetes research by purchasing a date to honor some person or special occasion.

Option 1: For \$100 (\$90.00 tax deductible) you can:

- 1) Choose a person's name, honored Lion, award winner or a family member who is special, or showcase a special event to be recognized in our printed calendar,
- 2) This name or event will also be posted on the MN Lions Diabetes Foundation, Inc. web calendar and the
- 3) Printed calendar and a Dream Catcher Pin will be mailed to the designated person.

Option 2: For \$200 (\$190 tax deductible) you will:

Receive Option 1 package plus a 50 word message and picture on the MLDF Facebook page. A great way to show that special someone you care!

Find ideas and examples and the order form at our website www.mnlionsdiabetes.org

U of M Grant Request Approved

The MLDFI continues to support diabetes research and recently approved a grant for a quality assurance manager for manufacturing of licensed human islet therapy products. The

University of Minnesota Schulze Diabetes Institute is in the process of preparing a Biologics License Application for the licensure of human pancreatic islets for Type 1 diabetes. When approved by the FDA, years of clinical research will have been completed and human islets will be manufactured and distributed as new therapeutics for type 1 diabetes.

[World Diabetes Day – Diabetes Education - Was a Huge Success](#)

On November 14th, over 1,800 individuals participated in World Diabetes Day at local Walmart stores in 8 Minnesota communities- Bemidji, Brooklyn Center, Dilworth, Duluth, Mankato, Marshall, North Rochester and Sartell!

The MN Lions Diabetes Foundation (MDF) led this pilot community service project to help identify those at risk for diabetes and to provide information and resources on ways to lower their risk through lifestyle change.

Along with MLDF, Novo Nordisk, Walmart, American Diabetes Association, and Stratis Health sponsored the event. The U of MN Extension Supplemental Nutrition Assistance Program Education (SNAP-Ed) provided food demonstrations. Exercise demonstrations for both kids and adults were ongoing at all 8 locations. Certified Diabetes Educators and health professionals were on hand to answer questions and provide information and resources.

Over 1,000 people took the “Are You at Risk” survey provided by ADA. Our results were alarming. **Approximately 40% of those taking our survey were at risk for diabetes, a much higher percentage than International Diabetes Federation statistic of 25% or one in four people are at risk for diabetes.**

THANK YOU to over 200 Lions who organized and helped at each of the locations and to our tremendous sponsors for making this potentially life changing event possible. Your support is helping us to **“Catch the Dream” - LIFE WITHOUT DIABETES!**

[Mark Your Calendars ----](#)

UofM Diabetes Research Update – April 2, 2016



The 5M5 Trustees presented the Bloomington Lions a Special Dream Catcher Award at their Mid-Winter Convention to honor them for their support of the MLDF. Pictured left to right are Former Trustee Tom Shinnick, Trustee Bernie Braegelmann, accepting the award on behalf of the Bloomington Lions, President David Coates, and Lion Lorraine Shinnick.

[New Piggy Banks are in –](#) Contact Your District Trustees to get one, and begins funding diabetes research and education.



Fund Raising for a Cure --- Help Catch the Dream!

[Time for an Eye Exam?](#)

Diabetic retinopathy is a complication of diabetes and a leading cause of blindness. It occurs when diabetes damages the tiny blood vessels inside the retina, the light-sensitive tissue at the back of the eye. All people with diabetes -- both type 1 and type 2 -- are at risk. The National Eye Institute urges everyone with diabetes to have a comprehensive dilated eye exam at least once a year. Read more at: <https://nihseniorhealth.gov/>